

FOOD SERVED 8AM-4PM

JNCTN

ORDER AT THE TILL

TOAST

- SOURDOUGH TOAST

⌘V

4.0
- Butter & Jam | Vegan Butter & Jam
- EGGS ON TOAST

⌘V

6.5
- Fried | Poached | Scrambled + 0.5
- MUSHROOMS ON TOAST

⌘V

9.5
- Wild Mushrooms, Veggie Parmesan, Cream Velouté & Fresh Herbs
- AVOCADO ON TOAST

⌘V

7.5

BOWLS

- HOMEMADE SOUP OF THE DAY

⌘V

7.5
- With Bread & Butter
- JNCTN POWER BOWL

⌘VN

11.5
- Glazed Banana, Whipped Peanut Butter Cream, Coconut Yoghurt, Granola, Pecan, Fresh Berries & Maple Syrup
- ACAI BOWL

⌘V

11.5
- Acai Berry Smoothie, Banana, Granola, Chia Seeds, Chocolate Soil, Mixed Berries
- BURRITO BOWL

⌘

13.0
- Crispy Mexican Chicken, Guacamole, Black Bean & Charred Corn Salad, Long Grain Rice, Pico de Gallo, Chipotle Aioli, Coriander, Homemade Nachos
- +
- SWAP TO TOFU TO MAKE THIS VEGGIE

HOT PLATES

- EGG BHURJI

V

11.0
- Indian Scrambled Eggs, Coriander, Onion Bhaji, Roti
- SMASHED PEA

⌘V

11.0
- Pea & Broad Bean Smash, Poached Eggs, Lemon & Chilli Dressing on Sourdough
- HUEVOS RANCHEROS ROSTI

⌘V

11.5
- Potato Rosti, Guacamole, Poached Eggs, Spiced Tomato Salsa, Chimichurri
- SHAKSHUKA BAKED EGGS

⌘V

11.5
- Tomato, Garlic Yoghurt, Crispy Chickpeas, Toasted Focaccia
- WORCESTER RAREBIT TOASTIE

11.5
- Local Copper Beech Stout, Worcester Hop Cheese, Red Leicester, Worcestershire Sauce, Crispy Onions, Spiced Tomato Relish
- TURKISH EGGS

⌘V

11.5
- Poached Eggs, Roasted Aubergine, Hot Honey, Garlic Yoghurt, Pomegranate Seeds. Coriander, Toasted Flatbread
- BEETROOT EGGS

V

11.5
- Beetroot Cured Eggs, Beetroot Hummus, Goats Cheese Cream, Crispy Chickpeas, Mixed Seeds, Toasted Pitta
- STEAK & EGGS

⌘

18.0
- 7oz Knightwick Rump Steak, Fried Eggs, Chimichurri, Grilled Cherry Tomatoes, Watercress Salad
- +
- HOUSE FRIES FOR 3.8

FRY-UPS

- FOREGATE FRY

14.0
- Streaky Bacon, Gloucester Old Spot Sausage, Fried Egg, Potato Rosti, Grilled Plum Tomato, Herb Crumb Mushroom, Black Pudding, Baked Beans, Sourdough Toast
- FOREGATE VEGAN FRY

V

14.0
- Vegan Sausage, Crispy Fried Tofu, Avocado, Potato Rosti, Grilled Plum Tomato, Herb Crumb Mushroom, Baked Beans, Sourdough Toast

FRENCH TOAST

- BERRY

V

12.0
- Fried Brioche, Berry Compote, Greek Yoghurt, Strawberry Chocolate Shavings & Maple Syrup
- BACON

12.0
- Fried Brioche, Crispy Bacon & Maple Syrup
- FRIED CHICKEN

14.0
- Fried Brioche, Baconnaise, Maple Syrup, Fresh Chilli, Spring Onion

HOT SANDWICHES

NEW

- KATSU PORK

12.5
- Marinated Crispy Pork Cutlet, Tonkatsu Sauce, Pickled Carrot & Cabbage, Japanese Mayo, Milk Bread
- AUBERGINE PARMIGIANA

V

11.9
- Fried Aubergine, Parmigiana Sauce, Mozzarella, Veggie Parmesan, Pesto
- PHILLY CHEESE STEAK

15.0
- Marinated Chargrilled Knightwick Steak, Provolone & American Cheese Sauce, Jalapenos, Crispy & Caramelised Onions, Cornichons
- BUFFALO HOT CHICKEN

14.9
- Fried Chicken, Honey Butter Buffalo Sauce, Blue Cheese Mayo, Gem Lettuce, Homemade Pickles, House Fries
- +
- MAKE HOUSE FRIES CAJUN SPICED FOR 1.0

AVAILABLE EVERYDAY

£10 UNTIL 10AM

BREAKFAST + COFFEE, TEA
OR JUICE FOR JUST £10*

PLEASE SEE SEPARATE MENU

*T&Cs apply and can be found on our website.

ADD ONS

- FRIES

3.8
- CAJUN FRIES

4.8
- EGGS

Fried | Poached | Scrambled + 0.5

3.0
- CRISPY FRIED TOFU

2.5
- SMOKED SALMON

4.5
- FRIED HALLOUMI

3.5
- BACON

2.8
- SAUSAGE

3.0

- VEGAN SAUSAGE

2.8
- AVOCADO

3.0
- GUACAMOLE

3.5
- BAKED BEANS

2.5
- BLACK PUDDING

2.5
- GRILLED PLUM TOMATO

2.0
- GRILLED MUSHROOM

2.0
- ONION BHAJIS

3.0

FOOD ALLERGIES & INTOLERANCES

Please tell us about any allergies or dietary needs before ordering. Service is not included on your bill.
Gluten Free ⌘ | Gluten Free Available ⌘ | Vegan V | Vegetarian V | Contains Nuts N